A Retrospective Study of Bilateral Pneumothorax in Neonates at a Tertiary Care Centre: A Case Series.

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I. INTRODUCTION:

Pneumothorax is defined as air or gas leak in pleural cavity (between lung and chest wall) which impairs oxygenation and or ventilation

RISK FACTORS:

- -Mechanical ventilation
- Post-resuscitation
- Post operated case of trachea-oesophageal fistula.
- -Respiratory distress syndrome in preterm(surfactant decreases incidence of pneumothorax)
- -Meconium aspiration syndrome and pneumonia common in term babies.
- -Trauma.

II. METHOD:

A retrospective case series study done at pravara rural hospital from November 2019 to August 2020.

III. RESULTS:

Six neonates diagnosed clinically and then radiologicaly confirmed were considered in our study. With Male: Female ratio of 5:1 ranging from 2020 – 3500 gms with 2564 gms. All the pneumothorax were bilateral pneumothorax with etiology including pneumonia(33.33%), post-resuscitation(16.6%), Meconium aspiration syndrome(16.6%), Spontaneous(16.6%), Post-operated case of trachea-oesophageal fistula (16.6%). Survival rate 50% according to our study.

IV. CONCLUSION:

- 1. Bilateral pneumothorax associated with high mortality. But considering our study, we can reduce mortality with prompt management in case of pneumonia and post resuscitation.
- 2. Double oxygen therapy by hood box is a better mode of oxygen therapy than mechanical ventilation or CPAP in case of pneumothorax.

3. Pneumothorax as a post operative complication of trachea-oesophageal fistula has poor prognosis