



TITLE: XXX

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CASE OF PSORIASIS

33 years / Male / Married since May 2019 visited with

CHIEF COMPLAINTS -

K/c/o- Psoriasis all over the body since April 2020.

Guttate lesions all over the body+

Intense itching+++

Scalp lesions+ flaky dandruff+++

Burning++

Scaly lesions++

Flacks++

Redness all over the body.

S/o- Guttate Psoriasis

K/c/o- Hypertension on Eritel In 40 mg

Diagnosed since 3 yrs.

HOPI=

He started developing few lesions over his hands and legs initially then it spreaded all over the body.

Lesions started increasing in its size and shape.

There are many small coin shaped lesions all over with intense itching and burning.

He has taken many treatment with allopathy, Ayurveda and homeopathy. There were not much improvement.

His brother is also a Homeopathic doctor. Then he referred this case to me.

PAST HISTORY=

Kidney stones long back.

FAMILY HISTORY=

Father- Myasthenia Gravis

Mother- Hypertension

Wife- Hypothyroidism

Brother- Hypertension

PERSONAL HISTORY=

Addiction- tobacco+ alcohol+

Appetite- Cannot tolerate his hunger+ non veg+

Desire- green veg, sprouts+, chicken+ eggs+

Bowels- regular

Sleep- regular

Dreams- Being Jobless+

Of family clashes+

As if he is losing everything from his hands+

Sweating- all over+ very offensive+ when exposed to heat.

Thirst- less, clean tongue.

Obesity+

Weight- 84 kg.

Thermals- cannot tolerate Heat in any form.

Hot patient.

MENTALS -

Now a days he lives separate from his elder brother's family since Jan 2020.

Initially he was staying with his brother even before his marriage.

He got married in May 2019.

There were brother, his wife, his son and patient in the house.

He is working in a bank as a loan relationship officer. He has a very hectic schedule.

He has to travel from one region to other during the day.

Everything was going well till he got married.

His wife is a homemaker and has an irritable nature. She is an only child of her parents

So she expected the same pampering after marriage also.

He said that his basic nature is also irritable, easily angered and dictatorial.

But he is always caring and maintain his family with his brother and parents.

Then there were few clashes between his wife and his brother's wife which everyone neglected at first. But this started happening regularly. Then one day his brother n his wife asked his to shifted to a new house to avoid further problems. He also felt it right to maintain their family together.

Then he got shifted to his new house in but his brother's wife did not visit him there.

He was very much attached to her. He was dependent on her for his decisions and said that I lost my sister because of my wife's bad nature.

He felt very much embarrassed and guilty for her deeds but could not do anything.



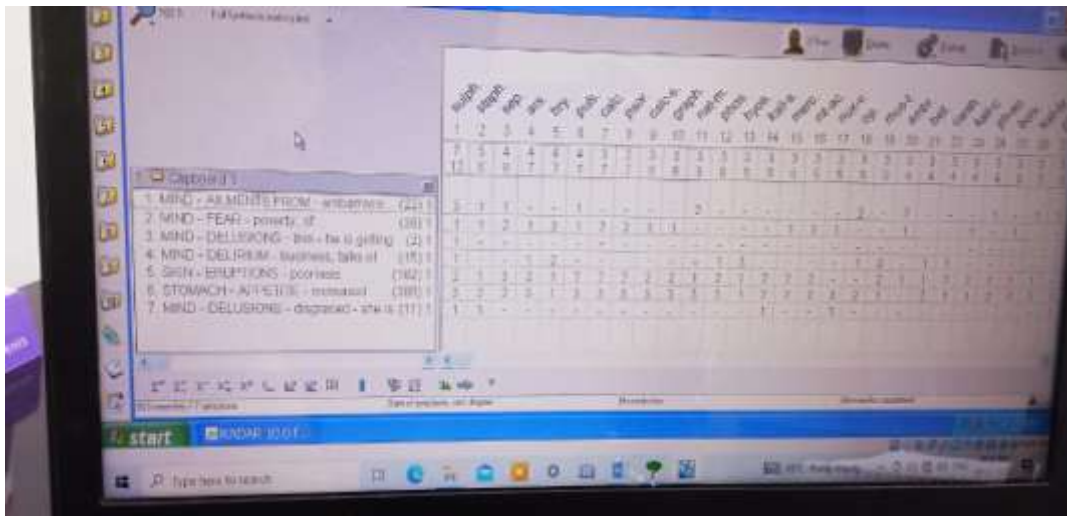
Now he is worried about his future, his financial settlements as his wife spends a lot and does not have much understanding about daily things. Feels as if he is losing his wealth, his health and relations also.

Still he goes to his brother's house regularly. He is in good terms with all of them but always feels that he is losing his good people. His wife also suffers from hypothyroidism. That's why she is also unable to perform all her daily duties at home.

Rx...

Sulphur 30 single dose
Saclac twice a day for 1 month

RUBRICS SELECTED-
Mind- Ailments from embarrassment
Mind- fear poverty of
Mind- delusion-thin-he is getting
Delirium –business talks of
Mind- delusion- disgraced she is
Skin- eruptions- psoriasis
Stomach- appetite increased



ANALYSIS-

He is basically a very dictatorial person but everything has been ruined after his marriage. (Delusions- disgraced she is)
His people got separated. This seems he is getting poor now(fear poverty of)
He feels ashamed because of his wife's bad nature. Since after the complaints started. (Ailments from embarrassment)
Now he is worried about his future and financial things. He regularly visits his brother's house. (delirium – business talks of)
He cannot control his hunger (Stomach- appetite increased)

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16 DEC2022
Psoriasis Guttate much improved
Flakes less
Itching almost nil
No new lesions.
Flattened lesions all over
Thickness of lesions reduced a lot.
Mentally relaxed.

Rx...
Sulphur 200 single dose
Saclac thrice a day for 4 wks...

FOLLOW UPS-

20 OCT 2022=
Guttate lesions much better
Flakes reduced
Intolerable itching reduced
Burning less- nowtolerable
Confidence improved
Motions- regular, Sleep- refreshing
Rx...

Sulphur 200 single dose
Saclac thrice a day for 4 wks...

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17 JAN 2023
Psoriatic lesions almost settled.
No new lesions.
No itching
No burning
Lesions over inner thighs, shoulder, back, upper back, legs all improved
Flakes- NIL

Rx...
Saclac* BD* 4 wks...



Photos taken.

16 march 2023=
No new lesions.
No flakes.
Old lesions recovered.

Rx...
Saclac* BD * 4 wks...

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27 OCT 2023
Missed medicines for 6 months.
No new lesions.
All previous lesions- recovered.
No spread seen.
Happy pt.

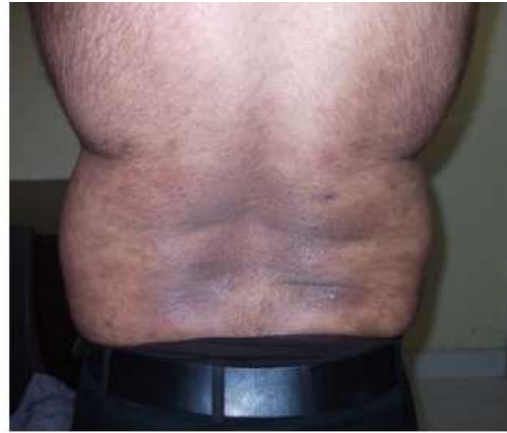
Rx...
Saclac 200 twice a day for 1month.

PHOTOS=

20 SEP 2022



17 JAN 2023



20 SEP 2022



17 JAN 2023

